



[HOME](#)

[EXCEL TIPS](#)

[PROJECT IDEAS](#)

[BLOG](#)

35+ Fun And Easy Teal Pumpkin Project Ideas For Non-Food Treats


OCTOBER 19, 2024 | MADDY WILSON



Halloween is a time of joy, costumes, and trick-or-treating fun. However, for children with food allergies or dietary restrictions, this holiday can be more stressful than exciting.

The Teal Pumpkin Project was created to ensure that all kids, regardless of their dietary needs, can partake in Halloween festivities. By offering non-food treats, households can ensure that children with food allergies feel included in the spooky fun.

In this guide, we'll explore **what the Teal Pumpkin Project is**, why it's crucial, and most importantly, share **35+ creative ideas for non-food treats**. Whether you're already familiar with the project or hearing about it for the first time, these suggestions will help you make Halloween safe, fun, and inclusive for everyone.

Survey for the Users! 

What Is The Biggest Challenge You Face When Starting A New Project?

Finding the right idea


Understanding the required tools and techniques

Gathering and organizing data

Staying motivated and on track

Collaborating with others

Vote

 3

What is the Teal Pumpkin Project?

The Teal Pumpkin Project is a worldwide initiative started by **Food Allergy Research & Education (FARE)**. Its mission is simple: **to promote safety and inclusion** for children with food allergies or those who can't eat certain candies due to other health conditions.

Teal is the color that represents food allergy awareness, and placing a teal-colored pumpkin on your doorstep signals to trick-or-treaters that your home is providing non-food items as an alternative to traditional candy.

Kids who can't enjoy typical Halloween candy for various reasons, such as food allergies or diabetes, often feel left out during Halloween. The Teal Pumpkin Project allows every child to experience the excitement of trick-or-treating without worry.

How to Participate in the Teal Pumpkin Project?

1. **Purchase or paint a teal pumpkin** to place outside your home. Alternatively, print out a teal pumpkin sign and hang it near your door.
2. **Offer non-food treats** instead of candy, or keep a separate bowl of non-food treats for children who need them.
3. **Spread awareness** about the project by explaining the importance of it to your neighbors and encouraging them to participate.

Why Is the Teal Pumpkin Project Important?

Did you know that **1 in 13 children** suffers from food allergies? That's approximately two children in every classroom. Halloween treats, which are often packed with common allergens like **nuts, dairy, eggs, wheat, soy, and sesame**, can pose a dangerous risk for these kids. Even small amounts of an allergen can cause severe reactions, making trick-or-treating a nerve-wracking experience for many families.

Moreover, Halloween candies can sometimes be manufactured in facilities where cross-contamination happens. This means that even candies that don't normally contain allergens might be risky. To avoid this, many parents of children with food allergies choose to opt out of trick-or-treating altogether.

But it's not just children with food allergies who benefit from the Teal Pumpkin Project. Kids with **diabetes, celiac disease, or other dietary restrictions** can also join in the fun without worry. By offering non-food treats, you're ensuring that every child has a chance to fully enjoy Halloween.

25+ Día de los Muertos DIY Project Ideas for the Perfect Celebration

Teal Pumpkin Project Ideas: 40 Non-Food Treats to Hand Out

Now that you understand the significance of the Teal Pumpkin Project, you might be wondering what non-food items you can offer. Below, we've compiled a list of **40 creative**

and exciting non-food treat ideas to make your home a hotspot for trick-or-treaters of all kinds!

1. Glow Sticks and Bracelets

- Perfect for kids to wear while trick-or-treating for extra visibility.

2. Temporary Tattoos

- Choose spooky designs like pumpkins, witches, or skeletons for extra Halloween fun.

3. Stickers

- A crowd favorite! Offer themed stickers for kids to decorate their belongings.

4. Mini Bubbles

- Small bottles of bubbles are a simple but fun treat for kids of all ages.

5. Spider Rings

- These classic Halloween rings are always a hit and are budget-friendly.

6. Finger Puppets

- Halloween-themed finger puppets, like ghosts and goblins, will add to the spooky excitement.

7. Pencil Toppers

- Fun and functional, these can be used year-round.

8. Keychains

- Offer cute or spooky keychains that kids can attach to their backpacks.

9. Mini Puzzles

- Choose small, themed puzzles that kids can solve after trick-or-treating.

10. Crayons and Coloring Books

- A set of crayons with a mini coloring book is a treat that keeps on giving.

11. Glow-in-the-Dark Stars

- These are a fun way for kids to decorate their rooms post-Halloween.

12. Stamps

- Halloween-themed stamps can be used for art projects or just for fun.

13. Squishy Toys

- Stress balls or squishy toys in spooky shapes are a tactile treat.

14. Bouncy Balls

- Glow-in-the-dark or Halloween-themed bouncy balls make for endless fun.

15. Erasers

- Choose fun Halloween erasers that are practical and playful.

16. Novelty Pencils

- Halloween pencils adorned with pumpkins, witches, or bats are both fun and useful.

17. Small Notebooks

- Kids can jot down their Halloween memories in mini notebooks.

18. Toy Dinosaurs

- Miniature dinosaurs are a hit with younger children.

19. Superhero Masks

- These add a fun twist to any costume or playtime.

20. Mini Skateboards

- Finger skateboards are small but mighty fun.

21. Fidget Spinners

- These are still popular among kids and are great for keeping little hands busy.

22. Building Block Kits

- Small kits with Halloween-themed builds like bats or skeletons are sure to excite.

23. Slap Bracelets

- Kids love the simple joy of a bracelet that snaps around their wrist.

24. Googly Eye Glasses

- Novelty glasses with googly eyes will get a lot of laughs.

25. Miniature Action Figures

- Superheroes, monsters, or Halloween characters make great gifts.

26. Stretchy Skeletons

- These stretchy toys are fun to pull and play with.

27. Rubber Ducks

- Halloween-themed rubber duckies are adorable and fun.

28. Wristbands

- Offer fun silicone wristbands with Halloween messages like “Boo!” or “Spooky!”.

29. Mini Flashlights

- These are both practical and fun for trick-or-treaters to carry.

30. Magic Tricks

- Small magic trick sets will bring the mystery of Halloween alive.

31. Toy Cars

- Miniature toy cars are a thrilling surprise for younger kids.

32. Costume Accessories

- Mini accessories like fairy wings or pirate eye patches can complete any outfit.

33. Glow in the Dark Stickers

- These stickers make for fun room decorations after Halloween.

34. Sticky Hands

- Kids love these sticky, stretchy hands for playful antics.

35. Play Money

- Toy coins or paper money are great for imaginative play.

36. Mini Yo-Yos

- A classic toy that never goes out of style.

37. Plastic Insects

- Creepy crawlers like plastic spiders and bugs are a Halloween must.

38. Bendable Figures

- Offer bendable skeletons, witches, or monsters for fun.

39. Puzzle Erasers

- These erasers come in pieces and can be taken apart and put back together.

40. Novelty Toothbrushes

- A fun way to encourage healthy habits after all the Halloween candy!

85+ Simple and Advanced Unit Circle Project Ideas for Trigonometry

Tips for a Successful Teal Pumpkin Halloween

If you're excited to join the Teal Pumpkin Project, there are a few best practices to keep in mind:

- **Keep your non-food treats separate** from any candy you may also be offering. This prevents cross-contamination and ensures safety for children with severe allergies.
- **Place your teal pumpkin in a visible location**, such as on your porch or near your front door. This lets parents and children know your home is allergy-friendly.
- **Promote your participation online**. Share pictures of your teal pumpkin and treats on social media with hashtags like #TealPumpkinProject to spread the word.

In conclusion, the **Teal Pumpkin Project** is a simple yet impactful way to ensure all children can enjoy Halloween without fear. By offering non-food treats, you can create an inclusive environment where kids with food allergies and dietary restrictions can experience the joy of trick-or-treating.

FAQs about the Teal Pumpkin Project

1. What is the meaning behind the teal pumpkin?

Teal is the official color of food allergy awareness, and the teal pumpkin represents a safe place where non-food treats are available for children with food allergies or dietary restrictions.

2. Can I give out both candy and non-food treats?

Yes, but it's important to keep the two items separate to avoid cross-contamination. Label your bowls clearly so children and parents can choose accordingly.

3. Where can I get a teal pumpkin?

You can either paint a real pumpkin teal or purchase a pre-painted one from retailers like Target, Walmart, or Amazon.

4. Why are non-food treats important?

Non-food treats make Halloween inclusive for all children, including those with food allergies, diabetes, and other conditions that prevent them from enjoying traditional candies.

5. How can I encourage my neighbors to join the Teal Pumpkin Project?

Share information about the project with your community through social media, local groups, and neighborhood events. You can also offer to paint teal pumpkins or hand out signs for them.

Project Ideas

< 85+ Simple and Advanced Unit Circle Project Ideas for Trigonometry



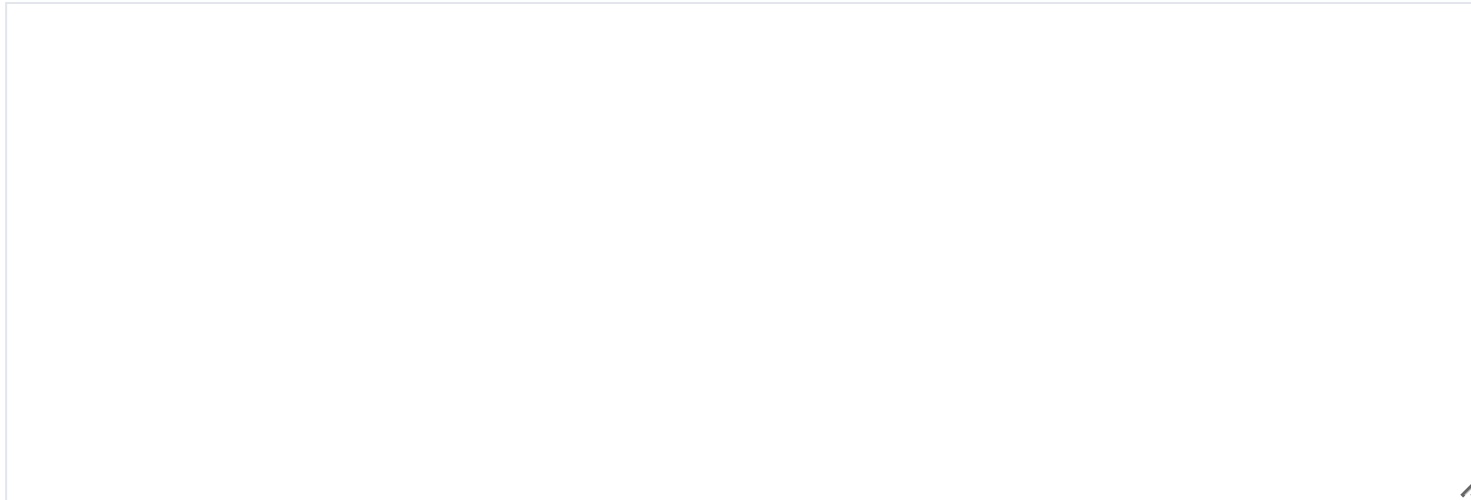
ABOUT THE AUTHOR

An Excel expert and author, known for simplifying data analysis and spreadsheet automation. His guides and tutorials help users enhance productivity and master Excel's advanced features.



Leave a Comment

Logged in as Ethan Williams. [Edit your profile.](#) [Log out?](#) Required fields are marked *



Post Comment

Your Excel Buddy

Hey! Know what is needed to learn Excel. We're here to help you from start to end acquiring deep knowledge and playing with Excel.

#Excel
#ProjectIdeas
#ResearchTopics

Happy
Learning

Contact Us

© Your Excel Buddy

Privacy Policy

Terms of Service